

Family Strengthening Program

Outcomes and Indicators

Outcome 1

The family will know how to manage family life to promote self-sufficiency, safety and stability by the completion of the program and into the following six months past exit from the program.

1. The family behaves as responsible tenants by fulfilling the terms of their rental agreement, including maintaining the home and yard and paying their rent on time.
2. The family maintains a safe and nurturing home environment that includes at least one parent has secured and maintained employment with livable wages that provide for the family's basic needs.
3. The family knows how to access formal support systems in the community that includes Education and Career development.
4. The family knows how to set up and manage a household budget that includes learning to do smart shopping and healthy preparation of food.
5. The family has a safe and affordable home to transition upon completion of the program.

Outcome 2

The family will know and provide for the basic functions in a healthy family while in the program and at least 6 months following the completion of program.

1. The family demonstrates a **Sense of Unity**: Identity; Togetherness; Attachment
2. Individuals in the family know their rights and express pride/positive emotion in feeling connected to the family by name, trait, skill, etc. that nurtures a **Sense of Belonging**.
3. The family has an understanding and show respect for personal and common areas in the home: **Physical arrangement**, while organizing and managing household by following the family schedule of daily activities, appointments, meetings, etc.
4. The family has **Established Clear Roles and Responsibilities** that include individuals contributing to managing the household e.g. jobs, chores, parenting, school, etc.
5. The family has established **Clear Lines of Communication and Authority** in which parents use good judgment/decision-making, teaching and supporting the child in getting his/her needs met in healthy ways.
6. The family has a **Set Rule of Conduct** that is consistently enforced while parents use non-violent and effective consequences when the rules get violated.
7. The family demonstrates an understanding of and uses the **ho`oponopono** process that helps to create a safe space to express and correct hostilities in a harmless manner.
8. The family demonstrates positive behaviors while **Giving and Receiving Emotional Support**